



ADULT TENNIS 16+

SPRING SESSION 1

BEGINNING TENNIS 1.0

Introduction to groundstrokes, serve, and basic point play.

Maximum Ratio **6:1** | Fees: **\$198** Resident / **\$238** Non-Res

DAY	TIME (1.5 HR)	DATES (6 WEEKS)	CODE
MON	7:00 - 8:30pm	3/16 - 4/20	10160
WED	7:00 - 8:30pm	3/18 - 4/22	10164

Maximum Ratio **6:1** | Fees: **\$165** Resident / **\$198** Non-Res

DAY	TIME (1.5 HR)	DATES (5 WEEKS)	CODE
WED	9:00 - 10:30am	3/18 - 4/22	10162

Maximum Ratio **6:1** | Fees: **\$132** Resident / **\$159** Non-Res

DAY	TIME (1HR)	DATES (6 WEEKS)	CODE
SAT	8:00 - 9:00am	3/14 - 4/18	10156
SUN	8:00 - 9:00am	3/15 - 4/19	10158

ADV. BEGINNING TENNIS 1.5

Prerequisite: 2 sessions of beginning tennis. In this level we will be adding movement to the groundstrokes, rallying and improving serves.

Maximum Ratio **6:1** | Fees: **\$198** Resident / **\$238** Non-Res

DAY	TIME (1.5 HR)	DATES (6 WEEKS)	CODE
MON	7:00 - 8:30pm	3/16 - 4/20	10065
WED	7:00 - 8:30pm	3/18 - 4/22	10069
SUN	9:00 - 10:30am	3/15 - 4/19	10063

Maximum Ratio **6:1** | Fees: **\$165** Resident / **\$198** Non-Res

DAY	TIME (1.5 HR)	DATES (5 WEEKS)	CODE
WED	10:30am - 12:00pm	3/18 - 4/22	10067

Maximum Ratio **6:1** | Fees: **\$132** Resident / **\$159** Non-Res

DAY	TIME (1 HR)	DATES (6 WEEKS)	CODE
SAT	8:00 - 9:00am	3/14 - 4/18	10061

INTERMEDIATE TENNIS 2.0

Must complete at least 2 sessions of the advanced beginning program. Introduction to volley and overheads while improving overall groundstrokes and serves.

Maximum Ratio **6:1** | Fees: **\$198** Resident / **\$238** Non-Res

DAY	TIME (1.5 HR)	DATES (6 WEEKS)	CODE
MON	7:00 - 8:30pm	3/16 - 4/20	10075
WED	7:00 - 8:30pm	3/18 - 4/22	10077

Maximum Ratio **6:1** | Fees: **\$132** Resident / **\$159** Non-Res

DAY	TIME (1HR)	DATES (6 WEEKS)	CODE
SAT	8:00 - 9:00am	3/14 - 4/18	10071
SUN	8:00 - 9:00am	3/15 - 4/19	10073

WHAT IS MY TENNIS LEVEL?

LEVEL	DESCRIPTION
1.0	I have zero to little tennis experience.
1.5	I have some tennis experience and instruction.
2.0	I know my groundstrokes. I can serve and rally.
2.5	I have some match play experience.
3.0	I have played for a few years and play matches.
3.5	I have a reliable, solid game from years of match play.
4.0+	I have years of <i>competitive</i> match play experience

SPECIALTY TENNIS PROGRAMS

For intermediate - advanced players.

TENNIS DRILLS 2.0+

Drill classes allow players to practice a variety of shots and point play scenarios through fast-paced drills and games.

Maximum Ratio **6:1** | Fees: **\$132** Resident / **\$159** Non-Res

DAY	TIMES	DATES (6 WEEKS)	CODE
WED	12:00 - 1:00pm	3/18 - 4/22	10081
SAT	8:00 - 9:00am	3/14 - 4/18	10079

ACADEMY 2.5 - 3.0+ USTA LEVEL

Academy classes focus on helping players improve the skills necessary to compete at their current level and beyond.

Maximum Ratio **6:1** | Fees: **\$198** Resident / **\$238** Non-Res

DAY	TIMES	DATES (6 WEEKS)	CODE
TUE	7:00 - 8:30pm	3/17 - 4/21	10168
SAT	9:00 - 10:30am	3/14 - 4/18	10166

ACADEMY 3.5+ USTA LEVEL

Academy classes focus on helping players improve the skills necessary to compete at their current level and beyond.

Maximum Ratio **6:1** | Fees: **\$165** Resident / **\$198** Non-Res

DAY	TIMES	DATES (5 WEEKS)	CODE
TUE	9:30 - 11:00am	3/17 - 4/21	10170

Maximum Ratio **6:1** | Fees: **\$198** Resident / **\$238** Non-Res

DAY	TIMES	DATES (6 WEEKS)	CODE
TH	7:00 - 8:30pm	3/19 - 4/23	10172