

SPRING BREAK YOUTH CAMPS

AT THE PLEASANTON TENNIS & COMMUNITY PARK

SPRING CAMP DATES: APRIL 6-10 (M-F)

YOUTH CAMPS

For twenty-five years, thousands of young players have attended our award-winning tennis camps. You will be amazed at what a difference a week of camp can make in your child's game! Players must wear athletic, non-marking soled shoes. Players are encouraged to use sunscreen, bring a bottle of water and a snack, and wear comfortable clothes including a visor or cap.

LITTLE TENNIS & RALLYERS CAMPS

4-6 years | 5:1 ratio | 9:30-11:00am

Our friendly coaches make learning fun through a variety of games, drills and skill challenges. Students are grouped by age and experience level. No prior experience is necessary to play. Students and parents alike will be impressed by the dynamic range of equipment, games and activities used throughout this program.

1 week camps | \$173 R/ \$190 N

LITTLE TENNIS & LITTLE BALLERS CAMPS

4-6 years | 5:1 ratio | 9:30am-12:30pm

Twice the fun as students participate in both Little Tennis/Rallyers camp as well as Little Ballers at a discounted rate.

1 week camps | \$299 R/ \$329 N

YOUTH IMPROVEMENT TENNIS CAMPS

7-15 years | 8:1 ratio | 9:30am-12:30pm | 1:00-4:00pm

The improvement camp is specifically tailored for beginning to intermediate level players interested in experiencing tennis in a non-competitive and supportive atmosphere. The Improvement Camp is 3-hours a day of excitement, fundamental instruction and is the ideal confidence builder for any student who wants to jump start their game. No previous tennis experience is required for this camp. Students will be evaluated on the first day and then grouped by age and experience.

1 week camps | \$225 R/ \$248 N

JR DEVELOPMENT TENNIS CAMPS

(For match-ready players)

7-16 years | 8:1 ratio | 9:30am-12:30pm | 1:00-4:00pm

Specifically designed for our junior players who wish to push their game to the next level. Players participate in fast paced drills and games designed to challenge and develop their skills. Instructors focus on developing point and match skills through encouragement and positive coaching. Students are evaluated on the first day and then grouped by age and skill level. Players should be able to rally, serve and play a basic match with a green dot or yellow ball to qualify for this camp.

1 week camps | \$225 R/ \$248 N

TABLE TENNIS/CHESS COMBO

Beginning through Intermediate

7-16 years | 8:1 ratio | 9:30am-3:00pm

Beginners will develop basic serve, forehand and backhand and techniques; intermediate-level players will develop topspin/backspin/sidespin approaches for offensive and defensive play. All classes integrate both training, footwork and rally elements. Paddles are available to borrow for class use. Appropriate athletic attire/footwear should be worn.

1 week camps | \$351 R/ \$386 N

CHESS CAMP

Beginning-Intermediate

7-16 years | 8:1 ratio | 11:00-3:00pm

Our chess instructors make learning chess lots of fun! Chess develops concentration, creativity, problem-solving, and critical thinking skills. Beyond basic rules and playing etiquette, our curriculum integrates opening-, mid- and end-game development for beginners and intermediate level players.

1 week camps | \$165 R/ \$182 N

PICKLEBALL CAMP

7-16 years | 8:1 ratio | 3:00-4:30pm

Come out and try this cool, growing sport which blends the excitement of tennis, table-tennis, and badminton.

1 week camps | \$115 R/ \$127 N

ACTIVITIES CAMP

7-16 years | 8:1 ratio | 4:30-6:00pm

Use the entire park as your playground. Participate in both indoor and outdoor sports and games. A Lifetime team leader will organize a fun filled week.

1 week camps | \$115 R/ \$127 N

ALL DAY CAMP BUNDLE

7-16 years | 8:1 ratio | 9:30am-6:00pm

Spend your week at the Tennis Park. Play tennis in the morning, work on your chess skills in the afternoon, and finish the day with different sports and games around the park. Bring snacks & lunch.

1 week camps: \$523 R/ \$575 N

Pleasanton Tennis & Community Park

5801 Valley Ave. | 925-931-3449

www.lifetimeactivities.com

