WINTER '20 LITTLE TENNIS

LITTLE TENNIS 4-6Y: For beginning players.

This specialized program is designed to stimulate, challenge and appeal to children age 4 to 6 years old. Our team of enthusiastic and friendly coaches create a wonderful environment where students develop the footwork, motor skills and basic strokes needed to play tennis. Students and parents alike will be impressed by the dynamic range of equipment, games and activities used throughout this program. Little Tennis is the ideal introduction to the game and a prerequisite for Little Rallyers. Right-sized equipment available at the Lifetime Pro-Shop.

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
TUE	5:1	4:00pm - 5:00pm	Jan 7 - Feb 4	\$105 R/ \$121 N	Feb 11 - Mar 10	\$105 R/ \$121 N
WED	5:1	3:30pm - 4:30pm	Jan 8 - Feb 5	\$105 R/ \$121 N	Feb 12 - Mar 11	\$105 R/ \$121 N
FRI	5:1	6:00pm - 7:00pm	Jan 3 - Jan 31	\$105 R/ \$121 N	Feb 7 - Mar 6	\$105 R/ \$121 N
SAT	5:1	9:30am - 10:30am	Jan 4 - Feb 1	\$105 R/ \$121 N	Feb 8 - Mar 7	\$105 R/ \$121 N
SUN	5:1	10:30am - 11:30am	Jan 5 - Feb 2	\$105 R/ \$121 N	Feb 9 - Mar 8	\$105 R/ \$121 N

LITTLE RALLYERS 4-6Y: For graduates of the Little Tennis program.

The Little Rallyers program will further develop students' technique, tracking ability, and rallying skills through fun and challenging games and activities. To be eligible for this class, players need to demonstrate the ability to switch strokes correctly and make contact consistently. The overall goal is to prepare young players for rallying and game play. Our curriculum gets our students rallying faster through fun exercises and activities. An emphasis is placed on tracking and moving to the ball along with controlling the stroke and showing proper technique. Students love our games that mimic real tennis and our coaches are experts at keeping it fun and engaging.

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
WED	5:1	3:30pm - 4:30pm	Jan 8 - Feb 5	\$105 R/ \$121 N	Feb 12 - Mar 11	\$105 R/ \$121 N
FRI	5:1	6:00pm - 7:00pm	Jan 3 - Jan 31	\$105 R/ \$121 N	Feb 7 - Mar 6	\$105 R/ \$121 N
SAT	5:1	10:30am - 11:30am	Jan 4 - Feb 1	\$105 R/ \$121 N	Feb 8 - Mar 7	\$105 R/ \$121 N
SUN	5:1	9:30am - 10:30am	Jan 5 - Feb 2	\$105 R/ \$121 N	Feb 9 - Mar 8	\$105 R/ \$121 N

LITTLE CHAMPS 6-9Y: Graduates from Little Rallyers with instructor approval.

This program is designed to get our young players playing points and real games while emphasizing technique and motor skills needed to compete. Our fun approach includes drills, point play, footwork, and other challenging activities led by our energetic staff who are experts in working with our young stars. Players will be introduced to modern technique and movement. An emphasis will be placed on developing ball control and a consistent serve for match play. Players will begin to transition to the longer court at this level and be exposed to different level balls based on their ability. High quality teaching aides including ball machines, footwork ladders and targets are used to motivate, challenge and add to the fun.

DAY	RATIO	TIME	SUMMER 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
Mon	4:1	4:30 - 5:30 pm	Jan 6 - Feb 3	\$120 R/ \$138 N	Feb 10 - Mar 9	\$120 R/ \$138 N
Tues	4:1	4:00 - 5:00pm	Jan 7 - Feb 4	\$120 R/ \$138 N	Feb 11 - Mar 10	\$120 R/ \$138 N
Wed^	4:1	6:30 - 7:30pm	Jan 8 - Feb 5	\$120 R/ \$138 N	Feb 12 - Mar 11	\$120 R/ \$138 N
Thu	4:1	5:00 - 6:00pm	Jan 9 - Feb 6	\$120 R/ \$138 N	Feb 13 - Mar 12	\$120 R/ \$138 N
Fri	4:1	6:00 - 7:00pm	Jan 3 - Jan 31	\$120 R/ \$138 N	Feb 7 - Mar 6	\$120 R/ \$138 N
Fri	4:1	7:00 - 8:00pm	Jan 3 - Jan 31	\$120 R/ \$138 N	Feb 7 - Mar 6	\$120 R/ \$138 N
Sat	4:1	11:30am - 12:30pm	Jan 4 - Feb 1	\$120 R/ \$138 N	Feb 8 - Mar 7	\$120 R/ \$138 N
Sun	4:1	1:00 - 2:00pm	Jan 5 - Feb 2	\$120 R/ \$138 N	Feb 9 - Mar 8	\$120 R/ \$138 N

^CRC Courts



www.lifetimeactivities.com



WINTER '20 YOUTH TENNIS

READY! RALLY! PLAY! 7–12Y: For beginning to intermediate players.

^CRC Courts

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
MON	4:1	4:00pm - 5:30pm	Jan 6- Feb 3	\$180 R/ \$207 N	Feb 10 - Mar 9	\$180 R/ \$207 N
WED	8:1	3:30pm - 5:00pm	Jan 8 - Feb 5	\$113 R/\$129 N	Feb 12 - Mar 11	\$113 R/\$129 N
FRI^	8:1	3:30pm - 5:00pm	Jan 3 - Jan 31	\$113 R/\$129 N	Feb 7 - Mar 6	\$113 R/\$129 N
SAT	8:1	9:30am - 11:00am	Jan 4 - Feb 1	\$113 R/\$129 N	Feb 8 - Mar 7	\$113 R/\$129 N
SAT	8:1	11:00am - 12:30pm	Jan 4 - Feb 1	\$113 R/\$129 N	Feb 8 - Mar 7	\$113 R/\$129 N
SAT	4:1	3:30pm - 5:00pm	Jan 4 - Feb 1	\$180 R/ \$207 N	Feb 8 - Mar 7	\$180 R/ \$207 N
SUN	8:1	9:30am - 11:00am	Jan 5 - Feb 2	\$113 R/\$129 N	Feb 9 - Mar 8	\$113 R/\$129 N
SUN	8:1	11:00am - 12:30pm	Jan 5 - Feb 2	\$113 R/\$129 N	Feb 9 - Mar 8	\$113 R/\$129 N
SUN	4:1	4:00pm - 5:30pm	Jan 5 - Feb 2	\$180 R/ \$207 N	Feb 9 - Mar 8	\$180 R/ \$207 N

READY! RALLY! PLAY! 11–15Y: For beginning to intermediate players.

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
SAT	8:1	11:00am - 12:30pm	Jan 4 - Feb 1	\$113 R/\$129 N	Feb 8 - Mar 7	\$113 R/\$129 N
SUN	8:1	11:00am - 12:30pm	Jan 5 - Feb 2	\$113 R/\$129 N	Feb 9 - Mar 8	\$113 R/\$129 N
SUN	4:1	4:00pm - 5:30pm	Jan 5 - Feb 2	\$180 R/ \$207 N	Feb 9 - Mar 8	\$180 R/ \$207 N

BRONZE 7–11Y: For graduates of RRP or by instructor approval. | ^CRC Courts

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
THU	8:1	6:00pm - 8:00pm	Jan 9 - Feb 6	\$150 R/ \$173 N	Feb 13 - Mar 12	\$150 R/ \$173 N
FRI^	8:1	5:00pm - 7:00pm	Jan 3 - Jan 31	\$150 R/ \$173 N	Feb 7 - Mar 6	\$150 R/ \$173 N
SAT	8:1	3:30pm - 5:30pm	Jan 4 - Feb 1	\$150 R/ \$173 N	Feb 8 - Mar 7	\$150 R/ \$173 N
SUN	8:1	5:30pm - 7:30pm	Jan 5 - Feb 2	\$150 R/ \$173 N	Feb 9 - Mar 8	\$150 R/ \$173 N

SILVER 11–16Y: For graduates of Bronze or by instructor approval.

DAY	RATIO	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
MON	8:1	4:00pm - 5:30pm	Jan 6 - Feb 3	\$113 R/ \$129 N	Feb 10 - Mar 9	\$113R/ \$129 N
THU	8:1	6:00pm - 8:00pm	Jan 9 - Feb 6	\$150 R/ \$173 N	Feb 13 - Mar 12	\$150 R/ \$173 N
FRI	8:1	7:00pm - 9:00pm	Jan 3 - Jan 31	\$150 R/ \$173 N	Feb 7 - Mar 6	\$150 R/ \$173 N
SAT	8:1	3:30pm - 5:30pm	Jan 4 - Feb 1	\$150 R/ \$173 N	Feb 8 - Mar 7	\$150 R/ \$173 N

GOLD 11–16Y: For graduates of Silver or by instructor approval.

DAY	TIME	SESSION 1	FEES RES/NON-RES	SESSION 2	FEES RES/NON-RES
SAT	5:30pm - 7:00pm	Jan 4 - Feb 1	\$113 R/ \$129 N	Feb 8 - Mar 7	\$113 R/ \$129 N