

SF · SUMMER 2024 · ADULT TENNIS PROGRAMS

Goldman Tennis Center · 50 Bowling Green Dr. San Francisco · Office (415) 581 - 2540

REGISTRATION DATES:

RED: Wednesday, April 10th at 1pm

ORANGE: Friday, April 12th at 1pm

Sessions are 4 weeks unless otherwise noted · *No class on Thursday, 4th of July (3-week session) · Age 16Y+ · Ratio = players per court

Inclement Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy

OPT IN to text/email notifications for updates regarding class cancellations

Registration & Refund Policy: goldmantenniscenter.com/registrations-refunds

Adult Beginning: Learn the basics, play fun games, and start enjoying tennis!

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
MON	7:1	8:30pm-9:50pm	6/3-6/24	\$163	\$180	7/1-7/22	\$163	\$180	7/29-8/19	\$163	\$180
WED	7:1	7:00pm-8:20pm	6/5-6/26	\$163	\$180	7/3-7/24	\$163	\$180	7/31-8/21	\$163	\$180
FRI	7:1	7:00pm-8:20pm	6/7-6/28	\$163	\$180	7/5-7/26	\$163	\$180	8/2-8/23	\$163	\$180
SAT	7:1	7:10pm-8:30pm	6/8-6/29	\$163	\$180	7/6-7/27	\$163	\$180	8/3-8/24	\$163	\$180
SUN	5:1	5:40pm-7:00pm	6/9-6/30	\$230	\$253	7/7-7/28	\$230	\$253	8/4-8/25	\$230	\$253

Adult Advanced-Beginning: Improve your technique, consistency, and ball control through drills and point play simulations.

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
MON	7:1	7:00pm-8:20pm	6/3-6/24	\$163	\$180	7/1-7/22	\$163	\$180	7/29-8/19	\$163	\$180
WED	7:1	8:30pm-9:50pm	6/5-6/26	\$163	\$180	7/3-7/24	\$163	\$180	7/31-8/21	\$163	\$180
FRI	7:1	7:00pm-8:20pm	6/7-6/28	\$163	\$180	7/5-7/26	\$163	\$180	8/2-8/23	\$163	\$180
SAT	5:1	5:40pm-7:00pm	6/8-6/29	\$230	\$253	7/6-7/27	\$230	\$253	8/3-8/24	\$230	\$253
SAT	7:1	7:10pm-8:30pm	6/8-6/29	\$163	\$180	7/6-7/27	\$163	\$180	8/3-8/24	\$163	\$180
SUN	7:1	1:10pm-2:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180
SUN	5:1	7:10pm-8:30pm	6/9-6/30	\$230	\$253	7/7-7/28	\$230	\$253	8/4-8/25	\$230	\$253

Adult Intermediate: Improve stroke technique, consistency and control. Develop advanced movement and offensive techniques. NTRP 2.0-2.5

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
MON	7:1	7:00pm-8:20pm	6/3-6/24	\$163	\$180	7/1-7/22	\$163	\$180	7/29-8/19	\$163	\$180
TUES	7:1	5:30pm-6:50pm	6/4-6/25	\$163	\$180	7/2-7/23	\$163	\$180	7/30-8/20	\$163	\$180
WED	5:1	8:30pm-9:50pm	6/5-6/26	\$230	\$253	7/3-7/24	\$230	\$253	7/31-8/21	\$230	\$253
THURS	7:1	8:30pm-9:50pm	6/6-6/27	\$163	\$180	7/11-7/25*	\$123	\$135	8/1-8/22	\$163	\$180
FRI	7:1	8:30pm-9:50pm	6/7-6/28	\$163	\$180	7/5-7/26	\$163	\$180	8/2-8/23	\$163	\$180
SAT	7:1	5:40pm-7:00pm	6/8-6/29	\$163	\$180	7/6-7/27	\$163	\$180	8/3-8/24	\$163	\$180
SUN	5:1	5:40pm-7:00pm	6/9-6/30	\$230	\$253	7/7-7/28	\$230	\$253	8/4-8/25	\$230	\$253
SUN	7:1	7:10pm-8:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180

Adult Advanced: Work on more advanced footwork, develop spin, power and depth control. NTRP 3.0+

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
MON	7:1	5:30pm-6:50pm	6/3-6/24	\$163	\$180	7/1-7/22	\$163	\$180	7/29-8/19	\$163	\$180
TUES	7:1	7:00pm-8:20pm	6/4-6/25	\$163	\$180	7/2-7/23	\$163	\$180	7/30-8/20	\$163	\$180
THURS	7:1	7:00pm-8:20pm	6/6-6/27	\$163	\$180	7/11-7/25*	\$123	\$135	8/1-8/22	\$163	\$180
SAT	5:1	2:40pm-4:00pm	6/8-6/29	\$230	\$253	7/6-7/27	\$230	\$253	8/3-8/24	\$230	\$253

SF · SUMMER 2024 · ADULT SPECIALTY TENNIS

Goldman Tennis Center · 50 Bowling Green Dr. San Francisco · Office (415) 581 - 2540

REGISTRATION DATES:

RED: Wednesday, April 10th at 1pm

YELLOW: Thursday, April 11th at 1pm

Sessions are 4 weeks unless otherwise noted · *No class on Thursday, 4th of July (3-week session) · Age 16Y+ · Ratio = players per court

Incident Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy

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Cardio Tennis: An action-packed, fun-filled workout that gets your heart pumping and leaves the treadmill in the dust!

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
TUES	7:1	5:30pm-6:50pm	6/4-6/25	\$163	\$180	7/2-7/23	\$163	\$180	7/30-8/20	\$163	\$180
SAT	5:1	8:30pm-9:30pm	6/8-6/29	\$159	\$175	7/6-7/27	\$159	\$175	8/3-8/24	\$159	\$175
SUN	7:1	2:40pm-4:00pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180

Specialty Shots & Strategy: Learn new strategies and specialty shots to expand your game and dominate the court!

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
FRI	5:1	5:30pm-6:50pm	6/7-6/28	\$230	\$253	7/5-7/26	\$230	\$253	8/2-8/23	\$230	\$253
SAT	5:1	8:30pm-9:30pm	6/8-6/29	\$159	\$175	7/7-7/28	\$159	\$175	8/4-8/25	\$159	\$175
SUN	5:1	8:30pm-9:30pm	6/9-6/30	\$159	\$175	7/7-7/28	\$159	\$175	8/4-8/25	\$159	\$175

Serve & Return: Master the art of powerful serves and precise returns with a focus on technique and strategy.

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
TUES	7:1	7:00pm-8:20pm	6/4-6/25	\$163	\$180	7/2-7/23	\$163	\$180	7/30-8/20	\$163	\$180
SUN	7:1	1:10pm-2:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180

Drill & Play: Groove your strokes, play point simulations, and get your reps in this action-packed class! NTRP 2.5+

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
MON	7:1	5:30pm-6:50pm	6/3-6/24	\$163	\$180	7/1-7/22	\$163	\$180	7/29-8/19	\$163	\$180
THURS	7:1	7:00pm-8:20pm	6/6-6/27	\$163	\$180	7/11-7/25*	\$123	\$135	8/1-8/22	\$163	\$180
SAT	7:1	4:10pm-5:30pm	6/8-6/29	\$163	\$180	7/6-7/27	\$163	\$180	8/3-8/24	\$163	\$180
SUN	7:1	2:40pm-4:00pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180

Live Ball & Doubles Strategy: Fast, fun doubles games that make you sweat, smile, and level up! NTRP 3.0+

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
THURS	5:1	4:00pm-5:20pm	6/6-6/27	\$230	\$253	7/11-7/25*	\$173	\$190	8/1-8/22	\$230	\$253
SUN	5:1	8:30pm-9:30pm	6/9-6/30	\$159	\$175	7/7-7/28	\$159	\$175	8/4-8/25	\$159	\$175

3.0-3.5 NTRP Tennis Classes: For those looking to succeed at their current NTRP level or are eager to move up to a higher level.

LEVEL	DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
3.0 NTRP	THURS	5:1	5:30pm-6:50pm	6/6-6/27	\$230	\$253	7/11-7/25*	\$173	\$190	8/1-8/22	\$230	\$253
3.0 NTRP	FRI	5:1	8:30pm-9:50pm	6/7-6/28	\$230	\$253	7/5-7/26	\$230	\$253	8/2-8/23	\$230	\$253
3.0 NTRP	SAT	7:1	4:10pm-5:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180
3.0 NTRP	SUN	7:1	4:10pm-5:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180
3.5 NTRP	TUES	5:1	4:00pm-5:20pm	6/4-6/25	\$230	\$253	7/2-7/23	\$230	\$253	7/30-8/20	\$230	\$253
3.5 NTRP	THURS	5:1	5:30pm-6:50pm	6/6-6/27	\$230	\$253	7/11-7/25*	\$173	\$190	8/1-8/22	\$230	\$253
3.5 NTRP	SAT	5:1	2:40pm-4:00pm	6/8-6/29	\$230	\$253	7/6-7/27	\$230	\$253	8/3-8/24	\$230	\$253
3.5 NTRP	SUN	7:1	4:10pm-5:30pm	6/9-6/30	\$163	\$180	7/7-7/28	\$163	\$180	8/4-8/25	\$163	\$180

4.0-4.5+ NTRP Tennis Classes: For those looking to succeed at their current NTRP level or are eager to move up to a higher level.

Director approval required. No online registration; Complete this form to apply for registration: <https://forms.gle/5ZKip7mmH1idRh267>

Application form for 4.0+ classes will open on Thursday 4/11 a 1pm.

LEVEL	DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES	SESSION III	\$ RESIDENT	\$ NON-RES
4.0+ NTRP	TUES	5:1	8:30pm-9:50pm	6/4-6/25	\$230	\$253	7/2-7/23	\$230	\$253	7/30-8/20	\$230	\$253
4.0+ NTRP	SAT	5:1	1:10pm-2:30pm	6/8-6/29	\$230	\$253	7/6-7/27	\$230	\$253	8/3-8/24	\$230	\$253
4.5+ NTRP	TUES	5:1	8:30pm-9:50pm	6/4-6/25	\$230	\$253	7/2-7/23	\$230	\$253	7/30-8/20	\$230	\$253
4.5+ NTRP	SAT	5:1	1:10pm-2:30pm	6/8-6/29	\$230	\$253	7/6-7/27	\$230	\$253	8/3-8/24	\$230	\$253