

SF · SUMMER 2026 · ADULT TENNIS CLASSES

Goldman Tennis Center · 50 Bowling Green Dr. San Francisco · Office (415) 581 - 2540

Registration Opens Monday, April 27th @ 1pm · 6-week sessions · Age 16Y+ · Ratio = players per court

Register at: <https://app.courtreserve.com/Online/Portal/Index/12465> · Registration & Refund Policy: goldmantenniscenter.com/registrations-refunds

Inclement Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy · OPT IN to Push / Email notifications for updates

Beginning: Learn the basics, play fun games, and start enjoying tennis!

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
MON	8:1	7:00pm-8:20pm	6/1-7/6	\$252	\$278	7/13-8/17	\$252	\$278
TUES	8:1	5:30pm-6:50pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
WED	8:1	5:30pm-6:50pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
THURS	8:1	7:00pm-8:20pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
THURS	8:1	8:30pm-9:50pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
FRI	8:1	7:00pm-8:20pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
SAT	8:1	11:40am-1:00pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SAT	8:1	7:10pm-8:30pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SUN	8:1	4:10pm-5:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SUN	8:1	7:10pm-8:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278

Advanced-Beginning: Improve your technique, consistency, and ball control through drills and point play simulations.

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
MON	8:1	5:30pm-6:50pm	6/1-7/6	\$252	\$278	7/13-8/17	\$252	\$278
TUES	8:1	7:00pm-8:20pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
WED	8:1	5:30pm-6:50pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
FRI	8:1	7:00pm-8:20pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
SAT	8:1	1:10pm-2:30pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SAT	8:1	7:10pm-8:30pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SUN	8:1	1:10pm-2:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SUN	8:1	5:40pm-7:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278

Intermediate: Improve stroke technique and consistency. Develop advanced movement and offensive techniques. NTRP 2.0-2.5

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
MON	8:1	5:30pm-6:50pm	6/1-7/6	\$252	\$278	7/13-8/17	\$252	\$278
MON	8:1	8:30pm-9:50pm	6/1-7/6	\$252	\$278	7/13-8/17	\$252	\$278
TUES	8:1	7:00pm-8:20pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
WED	8:1	7:00pm-8:20pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
THURS	8:1	5:30pm-6:50pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
SAT	8:1	5:40pm-7:00pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SUN	8:1	11:40am-1:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SUN	5:1	2:40pm-4:00pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

Advanced: Work on more advanced footwork, develop spin, power and depth control. NTRP 3.0+

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
TUES	8:1	5:30pm-6:50pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
THURS	8:1	7:00pm-8:20pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
FRI	8:1	8:30pm-9:50pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
SAT	8:1	5:40pm-7:00pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SUN	8:1	2:40pm-4:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278



SF · SUMMER 2026 · SPECIALTY & NTRP TENNIS

Goldman Tennis Center · 50 Bowling Green Dr. San Francisco · Office (415) 581 - 2540

Registration Opens Monday, April 27th @ 1pm · 6-week sessions · Age 16Y+ · Ratio = players per court

Register at: <https://app.courtreserve.com/Online/Portal/Index/12465> · Registration & Refund Policy: goldmantenniscenter.com/registrations-refunds

Inclement Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy · Opt in to Push / Email notifications to receive class updates

Cardio Tennis: An action-packed, fun-filled workout that gets your heart pumping and leaves the treadmill in the dust!

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
MON	5:1	4:00pm-5:20pm	6/1-7/6	\$356	\$391	7/13-8/17	\$356	\$391
WED	5:1	4:00pm-5:20pm	6/3-7/8	\$356	\$391	7/15-8/19	\$356	\$391
FRI	5:1	4:00pm-5:20pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	5:1	11:40am-1:00pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391
SUN	5:1	11:40am-1:00pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

Serve & Return: Master the art of powerful serves and precise returns with a focus on technique and strategy.

			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
TUES	5:1	8:30pm-9:50pm	6/2-7/7	\$356	\$391	7/14-8/18	\$356	\$391
SUN	5:1	1:10pm-2:30pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

Drill & Play: Groove your strokes, play point simulations, and get your reps in this action-packed class! NTRP 2.5+

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
TUES	5:1	4:00pm-5:20pm	6/2-7/7	\$356	\$391	7/14-8/18	\$356	\$391
THURS	5:1	8:30pm-9:50pm	6/4-7/9	\$356	\$391	7/16-8/20	\$356	\$391
FRI	5:1	8:30pm-9:50pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	5:1	2:40pm-4:00pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391
SUN	5:1	5:40pm-7:00pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

Live Ball & Doubles Strategy: Fast, fun doubles games that make you sweat, smile, and level up! NTRP 3.0+

*No class on Saturday, July 4th (5-week session)			SESSION I			SESSION II		
DAY	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
TUES	5:1	8:30pm-9:50pm	6/2-7/7	\$356	\$391	7/14-8/18	\$356	\$391
SAT	5:1	1:10pm-2:30pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391
SUN	5:1	4:10pm-5:30pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

NTRP Tennis Classes: Perfect for those looking to succeed at their current NTRP level or are eager to level up.

4.0+ & 4.5+ Approval Request Form (opens 4/27 @1pm): <https://www.cognitofrms.com/LifetimeActivitiesInc/SFNTRP4045ApprovalApplication>

*No class on Saturday, July 4th (5-week session)				SESSION I			SESSION II		
DAY	NTRP	RATIO	TIME	DATES	\$ RESIDENT	\$ NON-RES	DATES	\$ RESIDENT	\$ NON-RES
WED	3.5	8:1	7:00pm-8:20pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
WED	3.5	5:1	8:30pm-9:50pm	6/3-7/8	\$356	\$391	7/15-8/19	\$356	\$391
THURS	3.5	5:1	5:30pm-6:50pm	6/4-7/9	\$356	\$391	7/16-8/20	\$356	\$391
FRI	3.5	5:1	5:30pm-6:50pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	3.5	8:1	4:10pm-5:30pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
FRI	4.0+ ★	5:1	5:30pm-6:50pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	4.0+ ★	5:1	4:10pm-5:30pm	6/6-7/11*	\$297	\$327	7/18-8/22	\$356	\$391
FRI	4.5+ ★	5:1	5:30pm-6:50pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	4.5+ ★	5:1	4:10pm-5:30pm	6/6-7/11*	\$297	\$327	7/18-8/22	\$356	\$391

