

TENNIS ACCELERATION PROGRAM

ADULT • FALL 2026 - SPRING 2027

REGISTRATION
OPENS ON:

TUE 7/7
@1PM

TAP INTO YOUR POTENTIAL & ACCELERATE YOUR IMPROVEMENT!

PROGRAM DESCRIPTION

Our Tennis Acceleration Program is the most convenient way for youth and adults to train and develop their tennis game. Register once for the school-year term and enjoy a consistent class schedule and cohort. TAP features personalized attention and a full-court curriculum. This program is perfect for motivated players looking to improve and be match-ready in no time!

TAP 2026-2027 BENEFITS:

- Register once for the whole season
- Consistent training (Fall-Spring)
- Ideal class size (6 players per court)
- In class use of ball machine for max reps
- 5 FREE Practice Punches redeemable for court time & specialized clinics/drop-ins/events.
- TAP Branded Hoodie!
- Personal practice notebook
- 15% off all pro shop equipment purchases, balls included! (excludes strings/string labor)
- A payment plan is available until 8/23/26—please contact us for terms and details.
- Convenient schedule!—no rain makeups; credits issued for inclement weather cancellations

TAP Benefits apply to current session TAP students.

Questions? Please contact our Director of Racquet Sports, Joe Noth: joen@lifetimeactivities.com

ADULT PROGRAMS 16Y+

6 players per court

CLASS LEVEL	DAY	TIME	SESSION	FEE	WKS
Advanced Beginning	WED	7:00pm-8:20pm	8/26/26-5/26/27	\$2,205	38
Advanced Beginning	THURS	7:40pm-9:00pm	8/27/26-5/27/27	\$2,154	37
Advanced Beginning	SUN	1:10pm-2:30pm	8/30/26-5/30/27	\$2,205	38
Intermediate	MON	7:00pm-8:20pm	8/24/26-5/24/27	\$2,154	37
Intermediate	TUES	7:40pm-9:00pm	8/25/26-5/25/27	\$2,205	38
Intermediate	WED	12:00pm-1:20pm	8/26/26-5/26/27	\$2,205	38
Intermediate	THURS	7:40pm-9:00pm	8/27/26-5/27/27	\$2,154	37
Intermediate	SAT	2:40pm-4:00pm	8/29/26-5/29/27	\$2,205	38
Intermediate	SUN	2:40pm-4:00pm	8/30/26-5/30/27	\$2,205	38
Advanced	MON	8:30pm-9:50pm	8/24/26-5/24/27	\$2,154	37
Advanced	WED	10:30am-11:50am	8/26/26-5/26/27	\$2,205	38
Advanced	SUN	4:10pm-5:30pm	8/30/26-5/30/27	\$2,205	38
NTRP 3.5 <i>Director approval required</i>	WED	8:30pm-9:50pm	8/26/26-5/26/27	\$2,205	38
NTRP 3.5 <i>Director approval required</i>	SUN	5:40pm-7:00om	8/30/26-5/30/27	\$2,205	38

NTRP 3.5 Approval Application Form:

<https://www.cognitofrms.com/LifetimeActivitiesInc/SFADULTTAPNTRP35ApprovalApplication>

No classes on the following days: Labor Day (Sep 7), Thanksgiving (Nov 26), and Holiday Weeks (Dec 21-Jan 3)



TENNIS ACCELERATION PROGRAM

YOUTH • FALL 2026 - SPRING 2027

REGISTRATION
OPENS ON:

WED 7/8
@1PM

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YOUTH PROGRAMS 7-15Y

6 players per court

CLASS LEVEL	DAY	TIME	SESSION	FEE	WKS
Beginning - Advanced Beginning 7-10Y	WED	5:30pm-6:50pm	8/26/26-5/26/27	\$2,205	38
Advanced Beginning 7-10Y	MON	4:00pm-5:20pm	8/24/26-5/24/27	\$2,154	37
Intermediate-Advanced 8-10Y	MON	5:30pm-6:50pm	8/24/26-5/24/27	\$2,154	37
Intermediate-Advanced 8-10Y	SUN	10:10am- 11:30am	8/30/26-5/30/27	\$2,205	38
Advanced Beginning 11-15Y	MON	4:00pm-5:20pm	8/24/26-5/24/27	\$2,154	37
Adv Beginning - Intermediate 11-15Y	SAT	1:10pm-2:30pm	8/29/26-5/29/27	\$2,205	38
Intermediate-Advanced 11-15Y	MON	5:30pm-6:50pm	8/24/26-5/24/27	\$2,154	37
Intermediate-Advanced 11-15Y	TUES	5:30pm-6:50pm	8/25/26-5/25/27	\$2,205	38
Intermediate-Advanced 11-15Y	SUN	10:10am- 11:30am	8/30/26-5/30/27	\$2,205	38
Advanced 11-15Y	SUN	11:40am-1:00pm	8/30/26-5/30/27	\$2,205	38

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