



SPRING 2026

COMPETITION TRAINING

Age 7-15 • 6-Week Sessions • Fees/Session: \$599 Resident/ \$659 Non-Resident • Ratio 5:1
Competition Training is an invitational program; instructor approval is required to enroll.
 Attending 2 days a week is required.

LEVEL	DAY	TIME	SESSION I	SESSION II
Competition Training Green Ball	TUE & THU	5-6:20pm	3/10-4/16	4/21-5/28
Competition Training Orange Ball	TUE & THU	5-6:20pm	3/10-4/16	4/21-5/28
Competition Training Select Yellow Ball	TUE & THU	5-6:20pm	3/10-4/16	4/21-5/28

- Registration Opens Tuesday, February 17th @10am
- Register on CourtReserve: <https://app.courtreserve.com/Online/Portal/Index/13233>
- Registration & Refund Policy: www.lifetimeactivities.com/policies-refunds
- Inclement Weather Policy: www.lifetimeactivities.com/sunnyvale/inclement-weather-policy
- OPT in to Push / Email notifications for class updates

