# WINTER '20 LITTLE TENNIS PROGRAMS

#### **LITTLE TENNIS**

This specialized program is designed to stimulate, challenge, and appeal to children age 4 to 6 years old. Our team of enthusiastic and friendly coaches create a wonderful environment where students develop the footwork, motor skills, and basic strokes needed to play tennis. Students and parents alike will be impressed by the dynamic range of equipment, games, and activities used throughout this program. Little Tennis is the ideal introduction to the game and a prerequisite for Little Rallyers. Right size equipment is available at the Lifetime Pro-Shop.

CLASS/LEVEL	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Little Tennis	4-6	4:1	MON	3:15 - 4:00pm	1/6 -2/3	1000	\$102 R/ \$111 N	2/10 - 3/9	2000	\$102 R/ \$111 N
Little Tennis	4-6	4:1	TUE	3:15 - 4:00pm	1/7 - 2/4	1001	\$102 R/ \$111 N	2/11 - 3/10	2001	\$102 R/ \$111 N
Little Tennis	4-6	4:1	TUE	5:30 - 6:15pm	1/7 - 2/4	1002	\$102 R/ \$111 N	2/11 - 3/10	2002	\$102 R/ \$111 N
Little Tennis	4-6	4:1	WED	3:15 - 4:00pm	1/8 - 2/5	1003	\$102 R/ \$111 N	2/12 - 3/11	2003	\$102 R/ \$111 N
Little Tennis	4-6	4:1	THU	3:15 - 4:00pm	1/9 - 2/6	1004	\$102 R/ \$111 N	2/13 - 3/12	2004	\$102 R/ \$111 N
Little Tennis	4-6	4:1	THU	5:30 - 6:15pm	1/9 - 2/6	1005	\$102 R/ \$111 N	2/13 - 3/12	2005	\$102 R/ \$111 N
Little Tennis	4-6	4:1	FRI	5:00 - 5:45pm	1/3 - 1/31	1006	\$102 R/ \$111 N	2/7 - 3/6	2006	\$102 R/ \$111 N
Little Tennis	4-6	4:1	SAT	8:30 - 9:15am	1/4 - 2/1	1007	\$102 R/ \$111 N	2/8 - 3/7	2007	\$102 R/ \$111 N
Little Tennis	4-6	4:1	SAT	9:15 - 10:00am	1/4 - 2/1	1008	\$102 R/ \$111 N	2/8 - 3/7	2008	\$102 R/ \$111 N
Little Tennis	4-6	4:1	SUN	10:00 - 10:45am	1/5 - 2/2	1009	\$102 R/ \$111 N	2/9 - 3/8	2009	\$102 R/ \$111 N
Little Tennis	4-6	4:1	SUN	10:45 - 11:30am	1/5 - 2/2	1010	\$102 R/ \$111 N	2/9 - 3/8	2010	\$102 R/ \$111 N

### LITTLE TENNIS AT ORTEGA PARK

CLASS/LEVEL	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Little Tennis	4-6	4:1	SAT	8:15 - 9:00am	1/4 - 2/1	1062	\$102 R/ \$111 N	2/8 - 3/7	2062	\$102 R/ \$111 N

#### **LITTLE RALLYERS:** Graduates from Little Tennis or new students with prior experience and instructor approval.

The Little Rallyers program will further develop students' technique, tracking ability, and rallying skills through fun and challenging games and activities. To be eligible for this class, players need to demonstrate the ability to switch strokes correctly and make contact consistently. The overall goal is to prepare young players for rallying and game play. Our curriculum gets our students rallying faster through fun exercises and activities. An emphasis is placed on tracking and moving to the ball along with controlling the stroke and showing proper technique. Students love our games that mimic real tennis and our coaches are experts at keeping it fun and engaging.

CLASS/LEVEL	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Little Rallyers	5-7	4:1	TUE	5:30 - 6:30pm	1/7 - 2/4	1011	\$136 R/ \$147 N	2/11 - 3/10	2011	<b>\$136</b> R/ <b>\$147</b> N
Little Rallyers	5-7	4:1	WED	5:30 - 6:30pm	1/8 - 2/5	1012	\$136 R/ \$147 N	2/12 - 3/11	2012	<b>\$136</b> R/ <b>\$147</b> N
Little Rallyers	5-7	4:1	THU	4:00 - 5:00pm	1/9 - 2/6	1013	<b>\$136</b> R/ <b>\$147</b> N	2/13 - 3/12	2013	<b>\$136</b> R/ <b>\$147</b> N
Little Rallyers	5-7	4:1	FRI	6:00 - 7:00pm	1/3 - 1/31	1014	<b>\$136</b> R/ <b>\$147</b> N	2/7 - 3/6	2014	<b>\$136</b> R/ <b>\$147</b> N
Little Rallyers	5-7	4:1	SAT	11:30 - 12:30pm	1/4 - 2/1	1015	<b>\$136</b> R/ <b>\$147</b> N	2/8 - 3/7	2015	<b>\$136</b> R/ <b>\$147</b> N
Little Rallyers	5-7	4:1	SUN	11:30 - 12:30pm	1/5 - 2/2	1016	\$136 R/ \$147 N	2/9 - 3/8	2016	<b>\$136</b> R/ <b>\$147</b> N

LITTLE CHAMPS: Graduates from Little Rallyers or experienced players with instructor approval. Must demonstate good technique and ability to keep a simple rally.

This program is designed to get our young players playing points and real games while emphasizing technique and motor skills needed to compete. Our fun approach includes drills, point play, footwork, and other challenging activities led by our energetic staff who are experts in working with our young stars. Players will be introduced to modern technique and movement. An emphasis will be placed on developing ball control and a consistent serve for match play. Players will begin transitioning to the longer court at this level and be exposed to different level balls based on their ability. High quality teaching aides including ball machines, footwork ladders, and targets are used to motivate and challenge in this fun program.

CLASS/LEVEL	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Little Champs	6-10	6:1	MON	4:00 - 5:30pm	1/6 - 2/3	1040	<b>\$159</b> R/ <b>\$173</b> N	2/10 - 3/9	2040	<b>\$159</b> R/ <b>\$173</b> N
Little Champs	6-10	6:1	FRI	3:30 - 5:00pm	1/3 - 1/31	1041	<b>\$159</b> R/ <b>\$173</b> N	2/7 - 3/6	2041	<b>\$159</b> R/ <b>\$173</b> N
Little Champs	6-10	6:1	SAT	8:30 - 10:00am	1/4 - 2/1	1042	\$159 R/ \$173 N	2/8 - 3/7	2042	<b>\$159</b> R/ <b>\$173</b> N
Little Champs	6-10	6:1	SUN	12:30 - 2:00pm	1/5 - 2/2	1043	\$159 R/ \$173 N	2/9 - 3/8	2043	\$159 R/ \$173 N





## WINTER '20 YOUTH TENNIS & JR DEVELOPMENT

## **YOUTH TENNIS**

YOUTH TENNIS 4:1	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Ready (Beginning)	7-10	4:1	THU	4:00 - 5:30pm	1/9 - 2/6	1017	\$203 R/ \$211 N	2/13 - 3/12	2017	\$203 R/ \$211 N
Rally (Adv. Beginning)	7-10	4:1	THU	4:00 - 5:30pm	1/9 - 2/6	1018	\$203 R/ \$211 N	2/13 - 3/12	2018	\$203 R/ \$211 N
Play (Intermediate)	7-10	4:1	THU	4:00 - 5:30pm	1/9 - 2/6	1019	<b>\$203</b> R/ <b>\$211</b> N	2/13 - 3/12	2019	\$203 R/ \$211 N
Ready (Beginning)	11-15	4:1	SAT	2:00 - 3:30pm	1/4 - 2/1	1020	\$203 R/ \$211 N	2/8 - 3/7	2020	\$203 R/ \$211 N
Rally (Adv. Beginning)	11-15	4:1	SAT	2:00 - 3:30pm	1/4 - 2/1	1021	\$203 R/ \$211 N	2/8 - 3/7	2021	\$203 R/ \$211 N
Play (Intermediate)	11-15	4:1	SAT	2:00 - 3:30pm	1/4 - 2/1	1022	\$203 R/ \$211 N	2/8 - 3/7	2022	\$203 R/ \$211 N
YOUTH TENNIS 8:1	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Ready (Beginning)	7-10	8:1	MON	4:00 - 5:30pm	1/6 - 2/3	1023	<b>\$120</b> R/ <b>\$130</b> N	2/10 - 3/9	2023	<b>\$120</b> R/ <b>\$130</b> N
Ready (Beginning)	7-10	8:1	FRI	3:30 - 5:00pm	1/3 - 1/31	1024	<b>\$120</b> R/ <b>\$130</b> N	2/7 - 3/6	2024	\$120 R/ \$130 N
Ready (Beginning)	7-10	8:1	SAT	10:00 - 11:30am	1/4 - 2/1	1025	<b>\$120</b> R/ <b>\$130</b> N	2/8 - 3/7	2025	\$120 R/ \$130 N
Ready (Beginning)	7-10	8:1	SUN	8:30 - 10:00am	1/5 - 2/2	1026	<b>\$120</b> R/ <b>\$130</b> N	2/9 - 3/8	2026	<b>\$120</b> R/ <b>\$130</b> N
Rally (Adv. Beginning)	7-10	8:1	MON	4:00 - 5:30pm	1/6 - 2/3	1027	<b>\$120</b> R/ <b>\$130</b> N	2/10 - 3/9	2027	<b>\$120</b> R/ <b>\$130</b> N
Rally (Adv. Beginning)	7-10	8:1	FRI	3:30 - 5:00pm	1/3 - 1/31	1028	<b>\$120</b> R/ <b>\$130</b> N	2/7 - 3/6	2028	\$120 R/ \$130 N
Rally (Adv. Beginning)	7-10	8:1	SAT	10:00 - 11:30am	1/4 - 2/1	1029	<b>\$120</b> R/ <b>\$130</b> N	2/8 - 3/7	2029	<b>\$120</b> R/ <b>\$130</b> N
Rally (Adv. Beginning)	7-10	8:1	SUN	8:30 - 10:00am	1/5 - 2/2	1030	<b>\$120</b> R/ <b>\$130</b> N	2/9 - 3/8	2030	\$120 R/ \$130 N
Play (Intermediate)	7-10	8:1	MON	4:00 - 5:30pm	1/6 - 2/3	1031	<b>\$120</b> R/ <b>\$130</b> N	2/10 - 3/9	2031	\$120 R/ \$130 N
Play (Intermediate)	7-10	8:1	FRI	3:30 - 5:00pm	1/3 - 1/31	1032	<b>\$120</b> R/ <b>\$130</b> N	2/7 - 3/6	2032	<b>\$120</b> R/ <b>\$130</b> N
Play (Intermediate)	7-10	8:1	SAT	10:00 - 11:30am	1/4 - 2/1	1033	<b>\$120</b> R/ <b>\$130</b> N	2/8 - 3/7	2033	<b>\$120</b> R/ <b>\$130</b> N
Play (Intermediate)	7-10	8:1	SUN	8:30 - 10:00am	1/5 - 2/2	1034	<b>\$120</b> R/ <b>\$130</b> N	2/9 - 3/8	2034	<b>\$120</b> R/ <b>\$130</b> N
Ready (Beginning)	11-15	8:1	TUE	4:00 - 5:30pm	1/7 - 2/4	1035	<b>\$120</b> R/ <b>\$130</b> N	2/11 - 3/10	2035	<b>\$120</b> R/ <b>\$130</b> N
Rally (Adv. Beginning)	11-15	8:1	TUE	4:00 - 5:30pm	1/7 - 2/4	1036	<b>\$120</b> R/ <b>\$130</b> N	2/11 - 3/10	2036	<b>\$120</b> R/ <b>\$130</b> N
Play (Intermediate)	11-15	8:1	TUE	4:00 - 5:30pm	1/7 - 2/4	1037	<b>\$120</b> R/ <b>\$130</b> N	2/11 - 3/10	2037	<b>\$120</b> R/ <b>\$130</b> N
Ready, Rally, Play (Combo)	11-15	8:1	FRI	3:30 - 5:00pm	1/3 - 1/31	1038	<b>\$120</b> R/ <b>\$130</b> N	2/7 - 3/6	2038	<b>\$120</b> R/ <b>\$130</b> N
Ready, Rally, Play (Combo)	11-15	8:1	SUN	2:00 - 4:00pm	1/5 - 2/2	1039	\$160 R/ \$174 N	2/9 - 3/8	2039	\$160 R/ \$174 N
CLASSES AT ORTEGA PARK	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Ready (Beginning)	8-12	8:1	TUE/THU	3:30 - 4:30pm	1/7 - 2/6	1063	\$160 R/ \$174 N	2/11 - 3/12	2063	\$160 R/ \$174 N
Rally (Beginning)	8-12	8:1	TUE/THU	4:30 - 5:30pm	1/7 - 2/6	1064	\$160 R/ \$174 N	2/11 - 3/12	2064	\$160 R/ \$174 N
Ready (Beginning)	7-10	8:1	SAT	9:00 - 10:30am	1/4 - 2/1	1065	<b>\$120</b> R/ <b>\$130</b> N	2/8 - 3/7	2065	<b>\$120</b> R/ <b>\$130</b> N
Rally (Adv. Beginning)	7-10	8:1	SAT	12:00 - 1:30pm	1/4 - 2/1	1066	<b>\$120</b> R/ <b>\$130</b> N	2/8 - 3/7	2066	<b>\$120</b> R/ <b>\$130</b> N
Play (Intermediate)	7-10	8:1	SAT	10:30 - 12:00pm	1/4 - 2/1	1067	\$120 R/ \$130 N	2/8 - 3/7	2067	\$120 R/ \$130 N

## JUNIOR DEVELOPMENT TEAMS: For students who have developed skills beyond basic stroke production and wish to become proficient in match play.

CLASS/LEVEL	AGE	RATIO	DAY	TIME	WINTER 1	CODE	FEES (5 WEEK)	WINTER 2	CODE	FEES (5 WEEK)
Bronze	10-16	8:1	MON	4:00 - 6:00pm	1/6 - 2/3	1053	<b>\$160</b> R/ <b>\$174</b> N	2/10 - 3/9	2053	<b>\$160</b> R/ <b>\$174</b> N
Bronze	10-16	8:1	WED	4:00 - 6:00pm	1/8 - 2/5	1054	<b>\$160</b> R/ <b>\$174</b> N	2/12 - 3/11	2054	<b>\$160</b> R/ <b>\$174</b> N
Bronze	10-16	8:1	FRI	5:00 - 7:00pm	1/3 - 1/31	1055	\$160 R/ \$174 N	2/7 - 3/6	2055	\$160 R/ \$174 N
Bronze	10-16	8:1	SAT	2:00 - 4:00pm	1/4 - 2/1	1056	<b>\$160</b> R/ <b>\$174</b> N	2/8 - 3/7	2056	<b>\$160</b> R/ <b>\$174</b> N
Silver	10-16	8:1	WED	6:00 - 8:00pm	1/8 - 2/5	1057	<b>\$160</b> R/ <b>\$174</b> N	2/12 - 3/11	2057	<b>\$160</b> R/ <b>\$174</b> N
Silver	10-16	8:1	FRI	7:00 - 9:00pm	1/3 - 1/31	1058	\$160 R/ \$174 N	2/7 - 3/6	2058	<b>\$160</b> R/ <b>\$174</b> N
Silver	10-16	8:1	SAT	4:00 - 6:00pm	1/4 - 2/1	1059	<b>\$160</b> R/ <b>\$174</b> N	2/8 - 3/7	2059	<b>\$160</b> R/ <b>\$174</b> N
Gold	10-16	6:1	THU	6:30 - 8:30pm	1/9 - 2/6	1060	<b>\$212</b> R/ <b>\$230</b> N	2/13 - 3/12	2060	<b>\$212</b> R/ <b>\$230</b> N
Gold	10-16	6:1	SAT	4:00 - 6:00pm	1/4 - 2/1	1061	<b>\$212</b> R/ <b>\$230</b> N	2/8 - 3/7	2061	<b>\$212</b> R/ <b>\$230</b> N

## **COMPETITIVE PRACTICE PLAY**

This is a drop-in junior clinic that will be covering point play and match play plus analysis. Students must be able to rally and serve and have a basic understanding of volleying. Best for students between the Play and Silver levels. Discounted fee for students who are concurrently signed up for programming at Lifetime Activities Sunnyvale. Payment made in office.

CLASS/LEVEL	AGE	RATIO	DAY	TIME	DISCOUNTED FEE		REGULAR	FEE
Competitive Practice	9-15	-	SUN	4:00 - 6:00pm	Students in program	<b>\$14</b> R/N	Regular Drop-In	<b>\$19</b> R/N



