

# 2018 SUMMER TENNIS CAMPS

## LITTLE TENNIS SUMMER CAMPS

(Ages 4-6) Specially designed tennis nets, rackets and low bouncing balls are used to provide an enjoyable learning experience for younger players. Several short breaks are taken so that students can regain energy (bring a snack) and cool down (bring water). Little Tennis students will learn to recognize, demonstrate and successfully hit the forehand, backhand and serve. They will learn parts of the racket, court, and improve coordination and motor skills (i.e. balancing, overhead throwing, catching, and shuffling). This camp will work to improve full court abilities through a series of drills and games. Players should bring a snack, water, athletic shoes and spray sunscreen.

## IMPROVEMENT & JUNIOR TEAM CAMPS

(Ages 7-15) Students are grouped by ability levels on 1<sup>st</sup> day of class. Introductory students will learn forehand, backhand, volley, overhead and serve through our unique "court rotation and activity system." Intermediate and Junior Team students will develop specialty shots and play in Singles & Doubles Round Robin Matches. The instructor(s) will help players with scoring, rules and match strategy. Players should bring a snack, water, athletic shoes and spray sunscreen.

## TENNIS & SWIM COMBO CAMPS

(Ages 8-15) Students will enjoy a morning of tennis camp then head to the aquatic center where they will enjoy an afternoon of recreational non-instructional swimming. Students should bring a swim suit, towel, spray sunscreen, and lunch on Monday-Thursday. Pizza lunch will be provided on Fridays.

Registration for Summer Tennis Camps begin February 28, 2018. You can register online at [lifetimeactivities.com](http://lifetimeactivities.com) or in the tennis office at Heather Farm Park at 1751 Heather Drive, Walnut Creek CA.

If you have any questions, please call us at 925-945-0105.

Tennis Camps are at the Walnut Creek Tennis Center  
1751 Heather Drive, Walnut Creek CA 94598

Campers are encouraged to bring sunscreen, snacks, water, lunch and a towel for swim camp, athletic shoes (please bring non-marking soled shoes – court shoes), and a tennis racket (loaner rackets are available).

## LITTLE TENNIS

AGES 4-6

\$220R/\$242NR — 5 Classes

(\*No camp July 4 –\$176R/\$194NR)

Camp	Day	AM Session	PM Session	Date
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	6/4-6/8
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	6/11-6/15
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	6/18-6/22
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	6/25-6/29
Little Tennis	M, T, Th, F	9:00-11:00am	11:30am-1:30pm	7/2-3,7/5-6
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	7/9-7/13
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	7/16-7/20
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	7/23-7/27
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	7/30-8/3
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	8/6-8/10
Little Tennis	Mon-Fri	9:00-11:00am	11:30am-1:30pm	8/13-8/17

## IMPROVEMENT & JUNIOR TEAM CAMPS

AGES 7-15

\$225R/\$248R — 5 Classes

(\*No camp July 4 –\$180R/\$198NR)

Camp	Days	AM Session	PM Session	Dates
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	6/4-6/8
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	6/11-6/15
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	6/18-6/22
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	6/25-6/29
Imp/Jr Team	M, T, Th, F	9:00am-Noon	12:30-3:30pm	7/2,7/3,7/5,7/6
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	7/9-7/13
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	7/16-7/20
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	7/23-7/27
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	7/30-8/3
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	8/6-8/10
Imp/Jr Team	Mon-Fri	9:00am-Noon	12:30-3:30pm	8/13-8/17

## TENNIS & SWIM COMBO

AGES 8-15

\$361R/\$396NR — 5 Classes

(\*No camp July 4 –\$289R/\$318NR)

Extended All Day Options Available – Inquire at the office

Camp	Days	Time	Dates
Tennis/Swim	Mon-Fri	9:00am-4:30pm	6/4-6/8
Tennis/Swim	Mon-Fri	9:00am-4:30pm	6/11-6/15
Tennis/Swim	Mon-Fri	9:00am-4:30pm	6/18-6/22
Tennis/Swim	Mon-Fri	9:00am-4:30pm	6/25-6/29
Tennis/Swim	M, T, Th, F	9:00am-4:30pm	7/2,7/3,7/5,7/6
Tennis/Swim	Mon-Fri	9:00am-4:30pm	7/9-7/13
Tennis/Swim	Mon-Fri	9:00am-4:30pm	7/16-7/20
Tennis/Swim	Mon-Fri	9:00am-4:30pm	7/23-7/27
Tennis/Swim	Mon-Fri	9:00am-4:30pm	7/30-8/3
Tennis/Swim	Mon-Fri	9:00am-4:30pm	8/6-8/10
Tennis/Swim	Mon-Fri	9:00am-4:30pm	8/13-8/17

